

RUTLAND COUNTY CONTINUED

39. **Wallingford Rotary**
96 N. Main Street Wallingford VT 05773
Mondays at 12:00 p.m.
Contact: Arlene Santor at 802-779-2258

The Meal Sites listed in this brochure are partially funded by SVCOA with Older American Act funds. There may be other community meals in your area that are not listed here.

For more information please contact:

Courtney Anderson, Nutrition Director
Anna White, Nutrition Assistant and
Wellness Coordinator
at
1-802-786-5990



THE OLDER ADULT'S DINING GUIDE TO BENNINGTON AND RUTLAND COUNTIES

“SOCIALIZING WITH FRIENDS
OR MAKING NEW ONES,
ALWAYS MAKE MEAL TIMES
MORE ENJOYABLE.”

SENIOR HELPLINE : 1-800-642-5119
WEBSITE: WWW.SVCOA.ORG

CONVERSATION AND COMPANIONSHIP ALONG WITH A HOT NUTRITIOUS MEAL

WHAT WE OFFER:

LET'S DO LUNCH! COMMUNITY MEALS FOR SENIORS ARE HAPPENING ALL AROUND BENNINGTON AND RUTLAND COUNTIES. WE PROVIDE A HOT NUTRITIOUS MEAL, A CHANCE TO CATCH UP WITH OLD FRIENDS OR MAKE NEW ONES, AND MOST SITES OFFER EXTRA ACTIVITIES LIKE GUEST SPEAKERS DURING MEALTIME, OR WELLNESS ACTIVITIES. OUR GOAL IS TO HELP ELDERS MAINTAIN MAXIMUM INDEPENDENCE WITH OUR COMMUNITY.

WHERE WE ARE:

OUR MEAL SITES RANGE FROM COMMUNITY CENTERS AND TOWN HALLS, TO SENIOR HOUSING FACILITIES, RESTAURANTS, EVEN A FIRE STATION. DEPENDING WHERE YOU ARE IN SOUTHWESTERN VERMONT YOU WILL FIND A PLACE TO HAVE A HOT MEAL AND GOOD COMPANY. INSIDE THIS BROCHURE YOU WILL FIND A MAP OF OUR LOCATIONS AS WELL AS THEIR ADDRESSES, MEETING DAYS AND TIMES, AND WHO TO CONTACT FOR MORE INFORMATION ABOUT THE MEAL SITE.

HOW WE DO IT:

ALL PROGRAMS ARE DONATION BASED FOR ELIGIBLE PARTICIPANTS. THE SUGGESTED AMOUNT RANGES FROM \$3.50 TO \$5.00. NOT 60? NO PROBLEM. NON ELIGIBLE PARTICIPANTS WILL BE CHARGED THE SET FEE (\$4.00 TO \$6.00) PER MEAL. PLEASE VISIT OUR WEBSITE FOR ELIGIBILITY GUIDELINES.

WHO WE ARE

THE SOUTHWESTERN VERMONT COUNCIL ON AGING (SVCOA) IS A PRIVATE NON PROFIT COMMUNITY BASED ORGANIZATION WHOSE GOAL IS TO SUPPORT OLDER ADULTS 60 YEARS OF AGE OR OLDER IN MAINTAINING MAXIMUM INDEPENDENCE. THE COUNCIL SEEKS TO BE RESPONSIVE TO BOTH OLDER ADULTS WHO NEED ASSISTANCE TO REMAIN INDEPENDENT AND TO THE COMMUNITIES IN OUR REGION WHO NEED OUR TECHNICAL ASSISTANCE AND SUPPORT TO IDENTIFY OLDER PERSONS NEEDS AND CREATE LOCALLY BASED SOLUTIONS.



RUTLAND OFFICE

143 MAPLE STREET
RUTLAND, VT 05701
802-786-5990

BENNINGTON OFFICE

160 BENMONT AVENUE
SUITE #90
BENNINGTON, VT 05201
802-442-5436

SENIOR HELPLINE : 1-800-642-5119
E-MAIL : INFOANDASSISTANCE@SVCOA.NET

**ALL MEAL SITES REQUIRE A
RESERVATION (R.S.V.P.) BY
10:00 A.M. TWO WORKING DAYS
PRIOR, UNLESS OTHERWISE NOTED ***

BENNINGTON COUNTY

1. **Stamford Community Church**
1059 Main Road , Stamford , VT 05352
First and Third Tuesday at 11:30 a.m.
Contact: Donna Murch at 802-694-1701
* R.S.V.P. by Friday prior or Sign Up at Church
2. **Pownal Valley Fire Department**
253 VT 346, Pownal, VT 05261
Tuesday & Thursday at 11:45 a.m.
Contact: Janice Pratt at 802-694-1486
3. **Bennington Café**
124 Pleasant Street , Bennington, VT 05201
Monday—Friday at 11:30 a.m. & 1:00 p.m.
Contact: Vicki Gardner at 802-442-8012
* Walk In. Reservations only for groups of 6+
4. **Bennington Project Independence (B.P.I.)**
614 Harwood Hill, Bennington, VT 05201
Monday—Friday at 11:00 a.m.
Contact: BPI at 802-442-8136
5. **Kevin’s Sports Pub and Restaurant**
27 Main Street, North Bennington, VT 05257
First Monday at 10:15 a.m. & 2:15 p.m.
Contact: Emily Harrington at 802-442-9490
6. **Federated Church of East Arlington**
102 Ice Pond Road, Arlington, VT 05250
Tuesday & Thursday at 12:00 p.m.
Contact: Don Brown at 802- 375-6697
7. **Chauncey’s Family Dining** (November—June)
5403 Route 7A, Arlington, VT 05250
Second Monday at 11:30 a.m.
Contact: Sally McManus at 802-375-9780
8. **St. Paul’s Church / Christ Our Savior Parish**
(January—November)
398 Bonnet Street, Manchester Center, VT 05255
First Wednesday at 12:00 p.m.
Contact: Sally McManus at 802-375-9780

9. **Rupert Volunteer Fire Department**
2673 VT Route 153, West Rupert, VT 05768
Second Wednesday at 12:00 p.m.
Contact: Althea “Skip” Lewis at 802-394-7822
* Walk-Ins Welcome
10. **Manchester Community Library**
138 Cemetery Avenue , Manchester, VT 05255
Tuesday & Thursday at 11:30 a.m.
Contact: Vicki Gardner at 802-442-8012

RUTLAND COUNTY

11. **Mettawee School**
5788 VT Route 153, West Pawlet, VT 05775
Fourth Tuesday at 12:00 p.m.
Contact: Sharon Undal at 802-645-0461
* R.S.V.P. by Friday prior
12. **Modern Woodsmen**
10 Main Street, Wells, VT 05774
Friday at 12:00 p.m.
Contact: Dorothy Brace at 802-645-0330
* R.S.V.P. by Wednesday
13. **Young at Heart Senior Center**
35 Furnace Street, Poultney, VT 05764
Tuesday—Friday at 12:00 p.m.
Contact: Kathy Hudson at 802-287-9200
14. **Fair Haven Inn**
5 Adams Street, Fair Haven, VT 05743
Tuesday & Thursday at 11:30 a.m.
Contact: Jean Douglass at 802-265-3079 (Tuesday)
Contact: Trudy Pedro at 802-265-3658 (Thursday)
15. **Benson Community Hall**
2724 Stage Road, Benson, VT 05743
Second Monday at 12:00 p.m.
Contact: Marcia Anderson at 802-537-2313
* R.S.V.P. by Noon the Friday prior
16. **Castleton Community Center**
2108 Main Street Castleton, VT 05735
Monday, Tuesday & Wednesday at 12:00 p.m.
Contact: JoAnn Riley at 802-468-3093
17. **Hubbardton Town Hall**
1831 Monument Hill Road, Hubbardton, VT 05735
First and Third Thursday at 12:00 p.m.
Contact: Trudy Booth at 802-273-2953

17. **West Rutland Town Hall**
35 Marble Street, West Rutland, VT 05777
First Wednesday at 12:00 p.m.
Contact: Lisa Harvey at 802-438-2263
* R.S.V.P. by Monday
18. **Ira Town Hall**
53 West Road, Ira, VT 05777
Second Friday of the Month at 12:00 p.m.
Contact: Alta Johnston at 802-235-2247
* R.S.V.P. by Tuesday
19. **Franklins**
25 North Street, Proctor, VT 05765
Second and Fourth Wednesday at 4:00 p.m.
Contact: Elsie Valach at 802-459-3487
* R.S.V.P. by Monday
20. **Pittsford Village Manor**
758 Arch Street, Pittsford, VT 05763
Monday, Tuesday, & Thursday at 11:00 a.m.
Residents Sign up at site with Sandra
21. **Vermont Police Academy**
317 Academy Road, Pittsford, VT 05763
Fourth Thursday at 1:00 p.m.
Contact: Randy Adams at 802-483-6500 ext. 17
26. **Brandon Senior Center**
1591 Forestdale Road, Brandon, VT 05733
Monday and Wednesday at 12:00 p.m.
Contact: Kathy Mathis at 802-247-3121
* R.S.V.P. by Tuesday of the week prior
27. **Chittenden Town Hall**
337 Holden Road Chittenden, VT 05737
Monday at 12:00 p.m.
Contact: Marilyn Case at 802-773-6308
* R.S.V.P. by Thursday prior
28. **Lookout Tavern**
2910 Killington Road, Killington, VT 05751
Wednesday at 12:00 p.m.
Contact: Gerrie Russell at 802-422-4248
* Walk Ins Only
29. **Sugar and Spice**
40 US Route 4, Mendon, VT 05701
Second Thursday at 11:30 a.m.
Contact: Sigrid Sihler at 802-773-4187
* R.S.V.P. Tuesday prior. \$6.00 donation at this site

30. **Templewood Court**
5 Tremont Street, Rutland, VT 05701
Second or Third Wednesday at 5:00 p.m.
Contact: Carole Keefe at 802-775-2926
* Residents Sign Up at Site
31. **Godnick Adult Center**
1 Deer Street, Rutland, VT 05701
Monday & Thursday at 12:00 p.m.
Contact: Penny Jones at 802-775-0133
* Sign up Sheet at Senior Center
32. **Interage Adult Day**
230 North Main Street, Rutland, VT 05701
Monday—Friday at 12:30 p.m.
Contact: Loryn Hamilton at 802-773-2011
* Private Site Interage Attendees Only
33. **Parker House (RAVNAH)**
129 Church Steet, Rutland, VT 05701
Tuesday, Thursday , please call for time
Contact: Marge Bloomer at 802-786-2208
* R.S.V.P. Two days prior. Residents Sign up at Site
34. **Bardwell House**
142 Merchants Row, Rutland, VT 05701
Monday-Friday at 11:25 a.m.
Contact: Penny Jones at 802-775-0133
* Residents speak with Patti West
35. **Open Door Mission**
31 Park Street, Rutland, VT 05701
Monday—Sunday at 6:00 a.m. , 12:00 p.m. 6:00 p.m.
Contact: Sharon Russell at 802-775-5661
* Walk Ins Only
36. **Clarendon Grange Hall**
111 Moulton Avenue, North Clarendon, VT 05759
Thursday at 12:00 p.m.
Contact: 802-236-2288
* R.S.V.P. by Tuesday
37. **Odd Fellows Hall** (Summer and Fall)
37 Lake Street, Belmont, VT 05730
Third Thursday at 12:30 p.m.
Contact: Stella Beauchain at 802-259-2099
38. **Harry’s Cafe** (Winter and Spring)
68 Route 100 N, Ludlow, VT 05149
Second Thursday at 12:30 p.m.
Contact: Stella Beauchain at 802-259-2099 

